

Potting Soil Recipe

1 part = 1 plastic pitcher (2qt)

Cup = 1 cup

Ingredients

1 part coconut coir (pre-soaked, drain excess liquid)

1 part vermiculite

1 cup worm castings

2 parts fine sifted compost

½ cup Yum Yum fertilizer

Instructions

1. Put on a mask. You may want gloves too.
2. Mix ingredients in wheelbarrow.
3. Transfer mixed potting soil to plastic tub for storage. Dry potting mix should be covered with a lid.
4. If seeding immediately, add water in small increments until the mixture has a moist, crumbly texture. (Like chocolate cake!)
5. After seeding, if moist potting mix remains, leave uncovered so it does not mold.